

Member Swimming

	06:00 - 07:00	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00
MONDAY	ADULT ONLY SWIMMING		CHILD SWIM TIMES 08:00 - 12:00				AQUA 12:30 - 13:15		ADULT ONLY SWIMMING			SWIMMING LESSONS 15:30-18:30		ADULT ONLY SWIMMING		
TUESDAY	ADULT ONLY SWIMMING			AQUA 09:15 - 10:00		CHILD SWIM TIMES 10:00 - 12:00		ADULT ONLY SWIMMING				SWIMMING LESSONS 15:30-18:30		ADULT ONLY SWIMMING		
WEDNESDAY	ADULT ONLY SWIMMING			AQUA 09:15 - 10:00		CHILD SWIM TIMES 10:00 - 12:00		ADULT ONLY SWIMMING				SWIMMING LESSONS 15:30-18:30		ADULT ONLY SWIMMING		
THURSDAY	ADULT ONLY SWIMMING		CHILD SWIM TIMES 08:00 - 10:00		AQUA 10:15 - 11:00		ADULT ONLY SWIMMING				SWIMMING LESSONS 15:30-18:30		ADULT ONLY SWIMMING			
FRIDAY	ADULT ONLY SWIMMING		CHILD SWIM TIMES 08:00 - 12:00				AQUA 10:45 - 11:30		ADULT ONLY SWIMMING			SWIMMING LESSONS 15:30-18:30		ADULT ONLY SWIMMING		
SATURDAY			AQUA 08:30 - 09:15		CHILD SWIM TIMES 09:30 - 12:00		ADULT ONLY SWIM			SWIMMING LESSONS 14:00 - 17:00		ADULT ONLY SWIMMING				
SUNDAY			CHILD SWIM TIMES 08:00 - 12:00				ADULT ONLY SWIMMING			SWIMMING LESSONS 14:00 - 17:00		ADULT ONLY SWIMMING				

- AQUA: One swimming lane will be in operation for adult swimming during scheduled AQUA classes.
- Terms and conditions. The timetable is subject change and is based on Instructor availability.