

To Start

To Share

Antipasti Board (Ve, GFA) £26

Onion hummus, falafel, marinated globe artichoke, focaccia, red pesto, olives, sun dried tomatoes, rocket, rapeseed oil & balsamic

Soup of the day, focaccia (Ve, GFA) £6.50

Sun dried tomato arancini, red pesto & rocket (Ve) £7.50

King oyster mushroom 'calamari' lemon & parsley (Ve, GFA) £7.50

To share - Focaccia, sun dried tomatoes, olives, balsamic & rapeseed oil (Ve, GFA) £10.00

Mains

'Lamb style' chimichurri burger (Ve) £19.00 Ciabatta, garlic aioli, triple cooked chips & coleslaw

Curried leek & potato rosti (Ve, GFA) £16.00 Cauliflower, charred sprouting broccoli, mango chutney, curried oil, vegan paneer 'cheese'

> Prawn tagliatelle £19.00 White wine cream sauce, tomato, lemon oil & dill

Chicken caesar salad (GFA) £19.00

Baby gem, dry cure bacon, parmesan, croutons, caesar dressing

Char grilled cajun mushroom (Ve) £16.00 Roasted vine tomatoes, panisse chips, slow cooked garlic, aioli, watercress, onion rings

Tomato gnocchi (Ve) £16.00 Olives, sausage, spinach, red pepper pesto

Sides

Fries (GFA, Ve) £4.50 (296 Kcal)

Rocket & pine nut salad (GF, Ve) £5.50 (175 Kcal)

Onion rings (Ve) £4.50 (106 Kcal)









Statement of daily calorie needed (adults need around 2000 kcal a day)

GF - Made without Gluten GFA - Gluten free available

Concerns about allergies & intolerances? Visit allergymenu.uk & enter the code BAN474



Sandwiches on white or granary / Wraps

Sandwiches / wraps served with salad

Classic BLT (GFA) £10.50

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Mature cheddar cheese sandwich (GFA) £10.00

Bacon, lettuce, tomato & mayonnaise

Tomato chutney

Redefine 'steak flank' baguette (Ve) £13.00

Mayonnaise, saute onions, & mushroom

Sliced ham sandwich (GFA) £10.00

Wholegrain mustard

Falafel wrap (Ve) £10.00 Onion hummus, rocket, garlic mayonnaise & salad

Desserts

Dark chocolate Mousse Pots, cherry sorbet (Ve) £7.50

Selection of ice creams or sorbets & shortbread (Ve) £6.50

Bakewell tart, vanilla sauce (Ve) £8.00

Panna Cotta, strawberries, ginger snap (Ve, Gf) £8.00

Cheesecake of the day (Ve) £8.00

Fruit scone, served with whipped coconut cream or clotted cream & jam (Gf Poss, Ve Poss) £5.50









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