

Member Swimming

	06:00 - 07:00	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00
MONDAY	ADULT ONLY SWIMMING												AQUA 19:30 20:15	ADULT ONLY SWIMMING		
TUESDAY	ADULT ONLY SWIMMING			AQUA 09:30 10:15	ADULT ONLY SWIMMING											
WEDNESDAY	ADULT ONLY SWIMMING				AQUA 10:30 11:15	ADULT ONLY SWIMMING										
THURSDAY	ADULT ONLY SWIMMING			AQUA 09:30 10:15	ADULT ONLY SWIMMING											
FRIDAY	ADULT ONLY SWIMMING			AQUA 09:30 10:15	ADULT ONLY SWIMMING											
SATURDAY	ADULT ONLY SWIMMING															
SUNDAY	ADULT ONLY SWIMMING															

• Terms and conditions. The timetable is subject change and is based on Instructor availability.