

Member Swimming

	06:00 - 07:00	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00		
MONDAY	ADULT ONLY SWIMMING					ADULT ONLY SWIMMING		AQUA 12:30-13:15			SWIMMING LESSONS LANE ONE 15:30-19:00 CHILD SWIM TIMES 14:00 - 19:00			AQUA 19:10-19:55	ADULT ONLY SWIMMING			
TUESDAY	ADULT ONLY SWIMMING					ADULT ONLY SWIMMING		AQUA 12:30-13:15			SWIMMING LESSONS LANE ONE 15:30-19:00 CHILD SWIM TIMES 14:00 - 19:00			ADULT ONLY SWIMMING				
WEDNESDAY	ADULT ONLY SWIMMING					ADULT ONLY SWIMMING		AQUA 12:00-12:45			CHILD SWIM TIMES 14:00 - 19:00		AQUA 18:00-18:45	ADULT ONLY SWIMMING				
THURSDAY	ADULT ONLY SWIMMING			ADULT ONLY SWIMMING		AQUA 10:35-11:20	ADULT ONLY SWIMMING				SWIMMING LESSONS LANE ONE 15:30-19:00 CHILD SWIM TIMES 14:00 - 19:00			ADULT ONLY SWIMMING				
FRIDAY	ADULT ONLY SWIMMING					ADULT ONLY SWIMMING		AQUA 11:35-12:20	ADULT ONLY SWIMMING			CHILD SWIM TIMES 14:00 - 19:00			ADULT ONLY SWIMMING			
SATURDAY	Club Closed		ADULT ONLY SWIMMING		AQUA 09:30-10:15	ADULT ONLY SWIMMING		ADULT ONLY SWIMMING		CHILD SWIM TIMES 14:00 - 19:00			ADULT ONLY SWIMMING		Club Closed			
SUNDAY			ADULT ONLY SWIMMING			ADULT ONLY SWIMMING			CHILD SWIM TIMES 14:00 - 19:00			ADULT ONLY SWIMMING						

- AQUA: Two swimming lanes will be in operation for adult swimming during scheduled AQUA classes.
- Swimming lessons will be conducted in the leisure area and access for members will be reduced during scheduled lessons.
- Terms and conditions. The timetable is subject to change and is based on instructor availability.