

# Member Swimming

	06:00 - 07:00	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00	
MONDAY	ADULT ONLY SWIMMING						AQUA 12:15 - 13:00	AQUA ZUMBA 13:30 - 14:15 2 Lanes Open	CHILD SWIM TIMES 14:00 - 19:00					ADULT ONLY SWIMMING			
TUESDAY	ADULT ONLY SWIMMING					AQUA 11:30 - 12:15	AQUA 13:15 - 14:00 2 Lanes Open		CHILD SWIM TIMES 14:00 - 19:00					ADULT ONLY SWIMMING			
WEDNESDAY	ADULT ONLY SWIMMING							CHILD SWIM TIMES 14:00 - 19:00 SwimNow 1-2-1 Swimming Lessons					AQUA 19:30 - 20:15 2 Lanes Open	ADULT ONLY SWIMMING			
THURSDAY	ADULT ONLY SWIMMING						AQUA 13:15 - 14:00		CHILD SWIM TIMES 14:00 - 19:00 SwimNow 1-2-1 Swimming Lesson					ADULT ONLY SWIMMING			
FRIDAY	ADULT ONLY SWIMMING					AQUA 11:00 - 11:45	CHILD SWIM TIMES 14:00 - 19:00 SwimNow 1-2-1 Swimming Lessons					ADULT ONLY SWIMMING					
SATURDAY	ADULT ONLY SWIMMING						CHILD SWIM TIMES 14:00 - 19:00					ADULT ONLY SWIM					
SUNDAY	ADULT ONLY SWIMMING						CHILD SWIM TIMES 14:00 - 19:00					ADULT ONLY SWIM					

- AQUA: All swimming lanes will be shut during scheduled AQUA classes unless advised.
- Terms and conditions. The timetable is subject change and is based on Instructor availability.