

Member Swimming

	06:00 - 07:00	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00		
MONDAY	ADULT ONLY SWIMMING			AQUA 10:00 11:00		ADULT ONLY SWIMMING				CHILD SWIM TIMES 15:00-18:00			ADULT ONLY SWIMMING					
TUESDAY	ADULT ONLY SWIMMING			AQUA 10:00 11:00		ADULT ONLY SWIMMING				CHILD SWIM TIMES 15:00-18:00			ADULT ONLY SWIMMING					
WEDNESDAY	ADULT ONLY SWIMMING			AQUA 10:00 12:00			ADULT ONLY SWIMMING				CHILD SWIM TIMES 15:00-18:00			ADULT ONLY SWIMMING				
THURSDAY	ADULT ONLY SWIMMING									CHILD SWIM TIMES 15:00-18:00			ADULT ONLY SWIMMING					
FRIDAY	ADULT ONLY SWIMMING			AQUA 10:00 11:00		ADULT ONLY SWIMMING				CHILD SWIM TIMES 15:00-18:00			ADULT ONLY SWIMMING					
SATURDAY			ADULT ONLY SWIMMING	AQUA 09:30 10:30	ADULT ONLY SWIM				CHILD SWIM TIMES 15:00-18:00			ADULT ONLY SWIMMING						
SUNDAY			ADULT ONLY SWIMMING									CHILD SWIM TIMES 15:00-18:00			ADULT ONLY SWIMMING			

- AQUA: The swimming pool is closed to swimmers for the duration of the class. Class participants are expected to adhere to lane rules until the class commences
- Swimming lessons will be available from October, on a 1 to 1 or 1 to 2 basis, and will not interfere with lane swimming
- Terms and conditions. The timetable is subject change and is based on Instructor availability.