

# Member Swimming

	06:00 - 07:00	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00	
MONDAY	ADULT ONLY SWIMMING			AQUA 09.20 10.05	ADULT ONLY SWIMMING								AQUA 18:30 19:15	ADULT ONLY SWIMMING			
TUESDAY	ADULT ONLY SWIMMING			AQUA ZUMBA 09.15 10.00	ADULT ONLY SWIMMING												
WEDNESDAY	ADULT ONLY SWIMMING				AQUA 10.00 10.45	ADULT ONLY SWIMMING							AQUA 18:30 19:15	ADULT ONLY SWIMMING			
THURSDAY	ADULT ONLY SWIMMING				AQUA 10:15 - 11:00	ADULT ONLY SWIMMING											
FRIDAY	ADULT ONLY SWIMMING				AQUA 09:45 10:30	ADULT ONLY SWIMMING											
SATURDAY	ADULT ONLY SWIMMING			AQUA 10:15 11:00	ADULT AND CHILD SWIM TIMES 12:00-16:00						ADULT ONLY SWIM						
SUNDAY	ADULT ONLY SWIMMING		AQUA 09:00 09:45	ADULT ONLY SWIMMING		ADULT AND CHILD SWIM TIMES 12:00-16:00						ADULT ONLY SWIM					

- AQUA: There will be no swimming lanes available during Aqua classes
- Terms and conditions. The timetable is subject change and is based on Instructor availability.