



### To Start

To share - Focaccia, sun dried tomatoes, olives, balsamic & rapeseed oil (Ve) £8.95 (574 Kcal)

Soup of the day, focaccia (Ve, GFA) £5.95

Redefine Kofta kebab, pickled cabbage, tzatziki (Ve) £7.95 (250 Kcal)

Tempura cauliflower, sweetcorn & chilli dip (Ve, GFA) (272 Kcal)

### Mains

Pan fried chicken caesar salad, croutons, bacon, boiled egg, parmesan, caesar dressing (Gfa) £16.50 (468 Kcal)

Butternut squash risotto, roast shallots & sage butter (Ve, Gfa) £13.95 (989 Kcal)

Moules & frites, white wine cream sauce (Gf) £16.95 (726 Kcal)

'Woodlands' redefine burger, fries, asian slaw & baby gem (Ve) £19.95 (£3 supplement) (905 Kcal)

Szechuan tofu, udon noodles, chinese cabbage, spring onions & toasted sesame seeds (Ve) £13.95 (583 Kcal)

Mushroom fettuccine, white wine cream sauce, rocket & walnut pesto (Ve) £16.50 (675 Kcal)

Battered artichoke, triple cooked chips, tartar sauce, mushy peas, lemon (Ve, Gfa) £16.50 (801 Kcal)

Redefine Kofta kebab, flatbread, pickled cabbage, tzatziki (Ve) £19.95 (£3 supplement) (832 Kcal)

### Sides

Fries (GFA, Ve) £3.50 (296 Kcal)

Rocket & Pine nut salad (GF, Ve) £3.50 (175 Kcal)

Onion rings (Ve) £3.50 (106 Kcal)

### Desserts

Butterscotch meringue pie, vanilla ice cream (Ve) £6.95 (561 Kcal)

Espresso panna cotta, vanilla sauce & toasted almonds (Ve, Gf) £6.95 (495 Kcal)

Cheesecake of the day (Ve) £6.95

Selection of ice creams & shortbread biscuit (Ve, Gfa) £6.25 (483 Kcal)

Peanut butter glaze (Ve) £6.95 (394 Kcal)



Statement of daily calorie needed (adults need around 2000 kcal a day)

GF - Made without Gluten GFA - Gluten free available

Concerns about allergies & intolerances? Visit [allergymenu.uk](http://allergymenu.uk) & enter the code BAN474



### **Sandwiches on white or granary / Wraps**

*Sandwiches / wraps served with salad*

*Dry cured BLT sandwich (Gfa) £9.50 (731 Kcal)*

*Hoi sin seitan wrap, shredded lettuce, cucumber & celery (Ve) £9 (874 Kcal)*

*Smoked ham sandwich, wholegrain mustard mayonnaise (Gfa) £9.00 (473 Kcal)*

*Falafel wrap, garlic mayonnaise, lettuce & pickled cabbage (Ve, Gfa) £9.00 (598 Kcal)*

*Mature cheddar cheese & chutney (Gfa) £9.00 (823 Kcal)*

*Egg mayonnaise & watercress (Gfa) £9.00 (607 Kcal)*

### **Classic Afternoon Tea**

*Afternoon tea needs to be ordered before 12 noon on the day, served daily between 3pm - 6pm*

*Served with fruit scones, clotted cream, jam with a selection of sandwiches and a range of indulgent cakes with unlimited tea and coffee (Gf Poss, Ve Poss)*

*£21 per person*

### **Champagne Afternoon Tea**

*Afternoon tea needs to be ordered before 12 noon on the day, served daily between 3pm - 6pm*

*Served with fruit scones, clotted cream, jam with a selection of sandwiches and a range of indulgent cakes with unlimited tea and coffee and includes a glass of prosecco or Tattinger champagne (Gf Poss, Ve Poss)*

*£25 per person*

*Fruit scone, served with whipped coconut cream or clotted cream & jam (Gf Poss, Ve Poss)*

*£4 (670 Kcal, 827 Kcal)*



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Please make a member of staff aware of any food intolerances, allergies or dietary requirements you have, when placing your order. More information on ingredients is available on request. Our restaurant kitchen handles all ingredients, therefore some products may not be suitable for those with allergies. Please ask for allergen information or inform us of your intolerances, allergies and/or dietary requirements every time you visit as ingredients may have changed since your last purchase.