



#### To Start

To share - Focaccia, sun dried tomatoes, olives, balsamic & rapeseed oil (Ve) £8.95 (574 Kcal)

Soup of the day, focaccia (Ve, GFA) £5.95

Redefine Kofta kebab, pickled cabbage, tzatziki (Ve) £7.95 (250 Kcal)

Tempura cauliflower, sweetcorn & chilli dip (Ve, GFA) (272 Kcal)

# Mains

Pan fried chicken caesar salad, croutons, bacon, boiled egg, parmesan, caesar dressing (Gfa) £16.50 (468 Kcal)

Butternut squash risotto, roast shallots & sage butter (Ve, Gfa) £13.95 (989 Kcal)

Moules & frites, white wine cream sauce (Gf) £16.95 (726 Kcal)

'Woodlands' redefine burger, fries, asian slaw & baby gem (Ve) £19.95 (£3 supplement) (905 Kcal)

Szechuan tofu, udon noodles, chinese cabbage, spring onions & toasted sesame seeds (Ve) £13.95 (583 Kcal)

Mushroom fettuccine, white wine cream sauce, rocket & walnut pesto (Ve) £16.50 (675 Kcal)

Battered artichoke, triple cooked chips, tartar sauce, mushy peas, lemon (Ve, Gfa) £16.50 (801 Kcal)

Redefine Kofta kebab, flatbread, pickled cabbage, tzatziki (Ve) £19.95 (£3 supplement) (832 Kcal)

## Sides

Fries (GFA, Ve) £3.50 (296 Kcal)

Rocket & Pine nut salad (GF, Ve) £3.50 (175 Kcal)

Onion rings (Ve) £3.50 (106 Kcal)

### Desserts

Butterscotch meringue pie, vanilla ice cream (Ve) £6.95 (561 Kcal)

Espresso panna cotta, vanilla sauce & toasted almonds (Ve, Gf) £6.95 (495 Kcal)

Cheesecake of the day (Ve) £6.95

Selection of ice creams & shortbread biscuit (Ve, Gfa) £6.25 (483 Kcal)

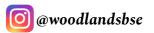
Peanut butter glace (Ve) £6.95 (394 Kcal)



Statement of daily calorie needed (adults need around 2000 kcal a day)

GF - Made without Gluten GFA - Gluten free available

Concerns about allergies & intolerances? Visit allergymenu.uk & enter the code BAN474





# Sandwiches on white or granary / Wraps

Sandwiches / wraps served with salad

Dry cured BLT sandwich (Gfa) £9.50 (731 Kcal)

Hoi sin seitan wrap, shredded lettuce, cucumber & celery (Ve) £9 (874 Kcal)

Smoked ham sandwich, wholegrain mustard mayonnaise (Gfa) £9.00 (473 Kcal)

Falafel wrap, garlic mayonnaise, lettuce & pickled cabbage (Ve, Gfa) £9.00 (598 Kcal)

Mature cheddar cheese & chutney (Gfa) £9.00 (823 Kcal)

Egg mayonnaise & watercress (Gfa) £9.00 (607 Kcal)

# Classic Afternoon Tea

Afternoon tea needs to be ordered before 12 noon on the day, served daily between 3pm - 6pm

Served with fruit scones, clotted cream, jam with a selection of sandwiches and a range of indulgent cakes with unlimited tea and coffee (Gf Poss, Ve Poss)

£21 per person

## Champagne Afternoon Tea

Afternoon tea needs to be ordered before 12 noon on the day, served daily between 3pm - 6pm

Served with fruit scones, clotted cream, jam with a selection of sandwiches and a range of indulgent cakes with unlimited tea and coffee and includes a glass of prosecco or Tattinger champagne (Gf Poss, Ve Poss)

£25 per person

Fruit scone, served with whipped coconut cream or clotted cream & jam (Gf Poss, Ve Poss)

£4 (670 Kcal, 827 Kcal)



