

Member Swimming

	06:00 - 07:00	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00
MONDAY	ADULT ONLY SWIMMING			AQUA 09:30 10:15	ADULT ONLY SWIMMING			CHILD SWIM TIMES 12:00 - 20:00					AQUA 19:00 19:45	ADULT ONLY SWIMMING		
TUESDAY	ADULT ONLY SWIMMING			AQUA 09:30 10:15	ADULT ONLY SWIMMING			SWIMMING LESSONS LANE 1 15:30 - 18:00 CHILD SWIM TIMES 12:00 - 20:00					B SWIM FIT 19:00 - 20:00 (LANES 1&2)		ADULT ONLY SWIMMING	
WEDNESDAY	ADULT ONLY SWIMMING			AQUA 09:30 10:15	ADULT ONLY SWIMMING			SWIMMING LESSONS LANE 1 15:00 - 17:00 & 17:30-18:00 CHILD SWIM TIMES 12:00 - 20:00					AQUA 19:00 19:45	ADULT ONLY SWIMMING		
THURSDAY	ADULT ONLY SWIMMING			AQUA 09.30 10:15	ADULT ONLY SWIMMING			SWIMMING LESSONS LANE 1 17:00 - 18:00 CHILD SWIM TIMES 12:00 - 20:00					B SWIM FIT 19:00 - 20:00 (LANES 1&2)		ADULT ONLY SWIMMING	
FRIDAY	ADULT ONLY SWIMMING						CHILD SWIM TIMES 12:00 - 20:00					ADULT ONLY SWIMMING				
SATURDAY				CHILD SWIM TIMES 08:00 - 14:00			ADULT ONLY SWIMMING			CHILD SWIM TIMES 17:00 - 20:00						
SUNDAY				CHILD SWIM TIMES 8:00 - 14:00			ADULT ONLY SWIMMING			CHILD SWIM TIMES 17:00 - 20:00						

• AQUA: - Two swimming lanes will be in operation for adult swimming during scheduled aqua classes. One swimming lane will be in operation for adult swimming during Tuesday and Thursday morning aqua classes.
 Terms and Conditions. The timetable is subject to change and is based on instructor availability.