



# MAIN MENU

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## Nibbles

- Garlic stuffed olives 273 kcal £5.00
- Breads with butter, oil and balsamic 717 kcal £5.50

## Starters

- Soup of the day with fresh bread roll £6.00
- Butterbean hummus with pita chips (VE) 318 kcal £6.00
- Whipped goats cheese with beetroot and walnuts (V) 710 kcal £7.50

## Mains

- Chilli beef with rice or vegan alternative 875 kcal £13.00 (£1 supplement)
- Bangers and mash with rich onion gravy 1039 kcal £14.00 (£2 supplement)
- Mixed mushroom spaghetti (VE) 661 kcal £12.00

## Burgers

All served with chips

- Beef burger with bacon jam and cheddar cheese (GFA) 852 kcal £15.00 (£3 supplement)
- Buttermilk chicken burger with salad and ranch dressing 917 kcal £15.00 (£3 supplement)
- Vegan buttermilk burger with salad and vegan ranch dressing (VE) 814 kcal £12.00

## Sandwiches & Paninis

All sandwiches & paninis are served with side salad and crisps  
GF bread is available for sandwiches only | Upgrade to chips £1.50

- Greek grilled cheese panini (feta, olives roasted peppers and mozzarella) (V) 662 kcal £11.00
- Tuna melt 832 kcal £12.00
- Aubergine and balsamic roasted tomatoes with hummus (VE) 594 kcal £11.00
- Chicken, bacon and mayo 761 kcal £12.00
- Ham and cheese 991 kcal £12.00

## Salads

- Crumbled goats cheese salad with honey roasted baby carrots and squash with quinoa, pumpkin seeds and beetroot dressing (GF) 863 kcal £10.00
- Herb marinated chicken breast with tenderstem broccoli, roasted cherry tomatoes, toasted almonds and feta cheese (GF) 495 kcal £13.50 (£1.50 supplement)
- 5oz rump steak with tenderstem broccoli, mushroom and chilli salad topped with teriyaki and toasted sesame seeds (GF) 400 kcal £15.00 (£3 supplement)

## Sides

- Rustic chips (VE)(GF) 602 kcal £5.00
- Seasonal vegetables (VE)(GF) 104 kcal £4.50
- Mac and cheese (V) 547 kcal £4.50

Dishes labelled with GF and DF can be requested when ordering. GF = Gluten Free DF = Dairy Free V = Vegetarian Ve = Vegan

Concerns about allergies & intolerances? Visit [allergymenu.uk](https://allergymenu.uk) & enter the code BAN476

Please ask the Food and Beverage Team for allergen information, in order to make your own menu choice. Please note some products on the menu contain allergens and not all ingredients are listed. This product information may change due to suppliers therefore please make sure you ask for allergen information or inform us of your allergies/dietary requirements every time you make a purchase. You can access allergen information about our menu using the 'allergy menu uk' app or website <https://allergymenu.uk>. This information covers the 14 major allergens. If you are having difficulty viewing this please ask a member of our Team. Equipment in a restaurant/kitchen area is shared and cross contamination may occur; therefore some products may not be suitable for those with allergies. Allergens are only declared if they are intentionally added to a product.

