# Member Swimming

| | 06:00 - 07:00 | 07:00 - 08:00 | 08:00 - 09:00 | 09:00 - 10:00 | 10:00 - 11:00 | 11:00 - 12:00 | 12:00 - 13:00 | 13:00 - 14:00 | 14:00 - 15:00 | 15:00 - 16:00 | 16:00 - 17:00 | 17:00 - 18:00 | 18:00 - 19:00 | 19:00 - 20:00 | 20:00 - 21:00 | 21:00 - 22:00 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| MONDAY | ADULT ONLY SWIMMING | | CHILD SWIM TIMES 08:00 - 12:00 | | | | AQUA 12:30 - 13:15 | ADULT ONLY SWIMMING | | | SWIMMING LESSONS 15:30-18:30 / CHILD SWIM TIMES 15:30 - 18:30 | | ADULT ONLY SWIMMING | | | |
| TUESDAY | ADULT ONLY SWIMMING | | | AQUA 09:15 - 10:00 | CHILD SWIM TIMES 10:00 - 12:00 | | ADULT ONLY SWIMMING | | | | SWIMMING LESSONS 15:30-18:30 / CHILD SWIM TIMES 15:30 - 18:30 | | ADULT ONLY SWIMMING | | | |
| WEDNESDAY | ADULT ONLY SWIMMING | | | AQUA 09:15 - 10:00 | CHILD SWIM TIMES 10:00 - 12:00 | | ADULT ONLY SWIMMING | | | | SWIMMING LESSONS 15:30-18:30 / CHILD SWIM TIMES 15:30 - 18:30 | | ADULT ONLY SWIMMING | | | |
| THURSDAY | ADULT ONLY SWIMMING | | CHILD SWIM TIMES 08:00 - 10:00 | | AQUA 10:15 11:00 | | ADULT ONLY SWIMMING | | | | SWIMMING LESSONS 15:30-18:30 / CHILD SWIM TIMES 15:30 - 18:30 | | ADULT ONLY SWIMMING | | | |
| FRIDAY | ADULT ONLY SWIMMING | | CHILD SWIM TIMES 08:00 - 12:00 | | | | AQUA 12:30 - 13:15 | ADULT ONLY SWIMMING | | | SWIMMING LESSONS 15:30-18:30 / CHILD SWIM TIMES 15:30 - 18:30 | | ADULT ONLY SWIMMING | | | |
| SATURDAY | | | AQUA 08:30 - 09:15 | CHILD SWIM TIMES 09:30 - 12:00 | | | ADULT ONLY SWIM | | | SWIMMING LESSONS 14:00 - 17:00 / CHILD SWIM TIMES 14:00 - 17:00 | | | ADULT ONLY SWIMMING | | | |
| SUNDAY | | | CHILD SWIM TIMES 08;00 - 12:00 | | | | ADULT ONLY SWIMMING | | | SWIMMING LESSONS 14:00 - 17:00 / CHILD SWIM TIMES 14:00 - 17:00 | | | ADULT ONLY SWIMMING | | | |

- AQUA: One swimming lane will be in operation for adult swimming during scheduled AQUA classes.
- Terms and conditions. The timetable is subject change and is based on Instructor availability.

Bannatyne